

## FOOD ALLERGIES AND INTOLERANCES

### NUTS & PEANUTS

**AVOID** - ALL Curry Sauces & Dishes - ALL Satay Sauces & Dishes

- Szechuan Sauces & Dishes
- Prawn Cocktail
- Cheesecake
- Chocolate Cake
- Christmas Pudding

### MILK

**AVOID** - Milk, Butter, Cream & Cheese Sauces

- Cream of Mushroom Soup
- Cream of Chicken Soup
- Cream of Tomato Soup
- Prawn Cocktail
- Gi Ci Guy
- Sausages
- Cheesecake
- Chocolate Cake
- Ice Cream
- Custard
- Christmas Pudding

### SESAME SEEDS

**AVOID** - Sesame Oil (Used in most dishes) - Prawn Toast - ALL Satay Sauces & Dishes

### SOYA

**AVOID** - Soya Sauce - Salad Cream - Cheese Sauces & Dishes - ALL Curry Sauces & Dishes  
- ALL Sweet & Sour Sauces & Dishes - ALL Mandarin Sauces & Dishes (containing Worcestershire Sauce)

- Prawn Cocktail
- Prawn Crackers
- Tofu
- Sausages
- Gi Ci Guy
- Cheesecake
- Chocolate Cake
- Ice Cream

### MUSTARD

**AVOID** - ALL Curry Sauces & Dishes - Prawn Cocktail

- ALL Satay Sauces & Dishes

### MOLLUSCS

**AVOID** - ALL Oyster Sauces & Dishes - ALL BBQ Duck Dishes

- Barbeque Spare Ribs
- Prawn Crackers
- Crispy Seaweed

### FISH

**AVOID** - ALL Mandarin Sauces & Dishes (containing Worcestershire Sauce)  
- ALL Fish Sauces & Dishes - ALL BBQ Duck Dishes

- Prawn Crackers
- Prawn Cocktail
- BBQ Ribs

### CELERY

**AVOID** - Sweet & Sour Sauces & Dishes

- Prawn Cocktail

## EGGS

### **AVOID** - Tartare Sauce

- Chicken Noodle Soup
- Plain Noodle Soup
- Chicken Sweetcorn Soup
- Plain Sweetcorn Soup
- Hot & Sour Soup
- Vegetable Hot & Sour Soup
- Cream of Chicken Soup
- Cream of Tomato Soup
- Cream of Mushroom Soup
- Prawn Cocktail
- Gi Ci Guy
- Omelettes
- Cheesecake
- Chocolate Cake
- Sorbet
- Ice Cream
- Christmas Pudding

## CRUSTACEANS

### **AVOID** - Oyster Sauces & Dishes

- ALL King Prawn Dishes
- ALL BBQ Duck Dishes - ALL Roast Pork Dishes
- Prawn Cocktail
- Prawn Crackers
- Prawn Toast
- Crispy Won Ton
- Crispy Spring Roll
- Barbeque Spare Ribs
- King Prawn Sweetcorn Soup
- Fried Scampi

## SULPHUR DIOXIDE

### **AVOID** - ALL Prawn Dishes - Vinegar - Gravy - Ketchup & Any Bottled Sauces - Lemon & Lime Juice - Beer, Wine & Cider

- ALL Lemon Sauces & Dishes - ALL Curry Sauces & Dishes - ALL Satay Sauces & Dishes
- ALL Mandarin Sauces & Dishes - ALL Sweet & Sour Sauces & Dishes
- ALL BBQ Duck Dishes - Hot & Sour Soup - Spare Ribs
- Prawn Crackers - Chips

## CEREALS CONTAINING GLUTEN

### **AVOID** - Malt Vinegar - Soya Sauce - Gravy - Salad Dressing

- ALL Battered Dishes
- ALL Salt & Chilli Dishes
- ALL Curry Sauces & Dishes
- ALL Chow Mein Dishes
- ALL Wor Teap Dishes - ALL Satay Sauces & Dishes
- ALL Lemon Sauces & Dishes
- ALL Orange Sauces & Dishes
- ALL Mandarin Sauces & Dishes - ALL Sweet & Sour Sauces & Dishes
- Chicken Maryland
- Gi Ci Guy
- Deep Fried Breaded Fish
- Chicken Noodle Soup
- Hot & Sour Soup
- Cream of Chicken Soup
- Cream of Mushroom Soup
- Cream of Tomato Soup
- Hot & Spicy Wings
- Prawn Toast
- Crispy Won Ton
- Butterfly King Prawn
- Fried Scampi
- Prawn Crackers
- Chips
- Banana & Pineapple Fritters
- Cheesecake
- Chocolate Cake

## LUPIN

- None